	1 61	5	pring Season F March			
Sunday	Monday	Tuesday		Thursday	Friday	Saturda
2	3	4	5	6	7	
	1st Practice of the season! 3/4/5 Grade 5-6:00pm	6/7/8 Distance/Mid-Distance		6/7/8 Distance/Mid-Distance		Optional Oceano Dun
Season Kicks off! First Week of Practice	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	5-6:30pm No Field Event Practice	AGHS Track Meet (No Practice)	5-6:30pm No Field Event Practice		Practice 9:00-11:00a (Coaches Heath & Laur
9	10	11	12	13	14	• • • • • • • • •
	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	6/7/8 Distance/Mid-Distance 5-6:30pm No Field Event Practice	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	6/7/8 Distance/Mid-Distance 5-6:30pm		Optional Oceano Dun Practice 9:00-11:00a (Coaches Heath & Laur
16	Field Events 6-6:30pm 17	No Field Event Practice 18	Field Events 6-6:30pm 19	No Field Event Practice 20	21	(Coaches Heath & Lau
	3/4/5 Grade 5-6:00pm	6/7/8 Distance/Mid-Distance 5-6:30pm	3/4/5 Grade 5-6:00pm	6/7/8 Distance/Mid-Distance		Optional Field Even
	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	5-6:30pm No Field Event Practice	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	5-6:30pm No Field Event Practice		Prectice 9:00-11:00a (Coach Pa
23	24	25	26	27	28	
	2/4/E Crada E Ri00am					
	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm					
30	Field Events 6-6:30pm 31					
			April			
Sunday	Monday	Tuesday		Thursday	Friday	Saturd
			Peregrine Track Series			
			Meet #1 @AGHS 5:00pm-7:	6/7/8 Distance/Mid-Distance		Optional Field Even
		AGHS Track Meet (No Practice)	30pm (No Practice)	5-6:30pm No Field Event Practice		Prectice 9:00-11:00an Coach Pau
		1	2	3	4	
	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	6/7/8 Distance/Mid-Distance 5-6:30pm	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	6/7/8 Distance/Mid-Distance 5-6:30pm		Optional Oceano Dune Practice 9:00-11:00a
6	Field Events 6-6:30pm 7	No Field Event Practice 8	Field Events 6-6:30pm 9	No Field Event Practice 10	11	(Coaches Heath & Laur
	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm	6/7/8 Distance/Mid-Distance 5-6:30pm	Peregrine Track Series Meet #2 @AGHS 5:00pm-7: 30pm	6/7/8 Distance/Mid-Distance		
	6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	5-6:30pm No Field Event Practice	30pm (No Practice)	5-6:30pm No Field Event Practice		TBD Optional Practi
13	14	15	16	17	18	
20	Spring Break No Practice 21	Spring Break No Practice 22	Spring Break No Practice 23	Spring Break No Practice 24	Spring Break No Practice 25	Spring Break No Pract
	3/4/5 Grade 5-6:00pm		3/4/5 Grade 5-6:00pm			
	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	nce/Mid-Distance 5-6:30pm No Field Event Practice	3/4/5 Grade 5-6:00pm 6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm			
27	28	29	30			
			May			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturd
				6/7/8 Distance/Mid-Distance 5-6:30pm		
		1		No Field Event Practice	2	TBD Optional Practi
	3/4/5 Grade 5-6:00pm	6/7/8 Distance/Mid-Distance	Peregrine Track Series Meet #3 @AGHS 5:00pm-7:	6/7/8 Distance/Mid-Distance		
	6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	5-6:30pm No Field Event Practice	30pm (No Practice)	5-6:30pm No Field Event Practice		TBD Optional Pract
4	5	6	7	8	9	
	3/4/5 Grade 5-6:00pm	6/7/8 Distance/Mid-Distance	3/4/5 Grade 5-6:00pm	6/7/8 Distance/Mid-Distance		Elementary Scho
Last Week of Practice!	6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	5-6:30pm No Field Event Practice	6/7/8 Sprinters 4:30-6:00pm Field Events 6-6:30pm	5-6:30pm No Field Event Practice		Championship Track Me 9:00am @NHS Tra
11	12	13	14	15	16	
18	19	29	21	22	23	
18						
10						
10						
10						